

## **Aaron's Testimony**

Inadequate is the word I would use to best describe how I have viewed myself since I was a child. When I was growing up all I ever wanted was to feel as happy as everyone else looked. What was wrong with me that made me feel so different?

The older I got the more envious I became of the things other people had. I figured that if I lived in a house like theirs or if I had the same clothes or cars they had then I would surely be liked and accepted like they were.

Then the time came when drugs and alcohol were introduced into my life. The emptiness I once felt was suddenly confidence. I thought I had finally found a sense of peace. Now I felt like I was just like everyone else. I got married, had two children and was beginning a successful career. It felt like things were starting to go my way for the first time in my life.

Being a husband and father were important to me but my dependence on drugs and alcohol would soon take all of that away from me, along with my desire to continue living. My vague idea of who God was became my last hope to continue living. I had to explore this hope that I had never fully understood.

At this point I had been through many detox and secular treatment facilities. I learned of BCRC and found that they were a faith based drug and alcohol rehabilitation facility. I had to find out what this was all about, so I called and told them about my life and my situation. I was accepted into the program with no idea of what I was going to find when I got there.

From the moment I arrived at BCRC everyone was so friendly. I always heard them talking about loving everyone, being accountable for the things we've done and surrendering myself to God and his son Jesus Christ, through whom all things become possible. None of these things had ever even crossed my mind before.

I have now adopted this revolutionary way of life and have not looked back. I now get to wake up every day with a true peace in my heart that I've never experienced before. I now have the opportunity to be a loving father to my children and become the spiritual leader in my family that God has called me to be.